

Before



Youth
focus:
North East

BEWARE



After





Support Services



Choices Middlesbrough

01642 876 323

Confidential service to support those struggling with drugs and alcohol, and also for those affected by another person's abuse.



Middlesbrough Council Live Well Team

01642 727 590

Provides support with recovery, interventions and counselling. Walk in appointments available.

Monday - Tuesday
Thursday - Friday
9:30AM - 3:30PM



WithYou Redcar & Cleveland

0300 303 3781

One to One sessions, Family Support, Naloxone Suppliers and Blood Borne Virus testing.

